

DEPARTMENT OF HEALTH

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HAWAII DEPARTMENT OF HEALTH CONFIRMS SIX ADDITIONAL MUMPS CASES ON OAHU AND ONE ADDITIONAL CASE ON KAUAI

HONOLULU – The Hawaii State Department of Health (DOH) today confirmed six (6) additional cases of Oahu residents with mumps and one additional case of a resident on Kauai bringing the total number of cases in 2017 to 65. The recently confirmed cases include children and adults whose infection is linked to other cases on Oahu. None of the individuals required hospitalization.

The department expects to see more cases of mumps in Hawaii as the viral disease is highly contagious and circulating on Oahu. Information on case numbers is updated regularly at http://health.hawaii.gov/docd/department-of-health-investigating-mumps-cases/.

Mumps is spread when an infected person coughs or sneezes. The virus is also spread by sharing items such as cups or eating utensils, or by touching contaminated objects or surfaces and then touching the eyes, nose, or mouth.

Prevent the spread of mumps in our community by:

- Ensuring your family is fully vaccinated with the MMR vaccine. High vaccination coverage
 helps to limit the spread of mumps. Two doses of the vaccine are 88 percent effective at
 protecting against mumps and one dose is 78 percent effective. Being fully vaccinated can
 help protect loved ones, family members, friends, classmates and coworkers.
- Patients suspected or diagnosed with mumps should self-isolate and avoid going out and exposing others for nine (9) days after onset of *parotitis* (tender, swollen jaw).
- People who have been exposed to mumps and are not vaccinated should not attend school, work or travel from day 12 through day 25 after exposure.

MMR vaccine is available at local pharmacies across the state. To locate a vaccinating pharmacy in your community, visit http://health.hawaii.gov/docd/vaccines-

<u>immunizations/vaccine-locators/</u> or call the Aloha United Way information and referral line at 2-1-1